

Oyster River High School

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Superintendent
Dr. James Morse

Principal
Suzanne Filippone

Asst. Principals
Mike McCann; Mark Milliken

Athletic Director
Andy Lathrop

Middle School Cross Country (Coed)

2018-2019

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Place</u>	<u>Time</u>
Tuesday	Sep. 04	<i>Cross Country practice (Practice)</i>	Oyster River Middle School	3:15PM
Thursday	Sep. 06	<i>Cross Country practice (Practice)</i>	Oyster River Middle School	3:15PM
Monday	Sep. 10	<i>Cross Country practice/pick-up at DHF 4:45 (Practice)</i>	Demerit Hill Farm	3:15PM
Wednesday	Sep. 12	Cross Country Meet	Demerit Hill Farm	4:00PM
Thursday	Sep. 13	<i>Cross Country practice (Practice)</i>	Oyster River Middle School	3:15PM
Monday	Sep. 17	<i>Cross Country practice (Practice)</i>	Oyster River Middle School	3:15PM
Wednesday	Sep. 19	@ Cross Country Meet	Portsmouth High School	4:30PM
Thursday	Sep. 20	<i>Cross Country practice (Practice)</i>	Oyster River Middle School	3:15PM
Monday	Sep. 24	<i>Cross Country practice/pick-up at DHF 4:45 (Practice)</i>	Demerit Hill Farm	3:15PM
Wednesday	Sep. 26	Cross Country Meet	Demerit Hill Farm	4:00PM
Thursday	Sep. 27	<i>Cross Country practice (Practice)</i>	Oyster River Middle School	3:15PM
Monday	Oct. 01	<i>Cross Country practice (Practice)</i>	Oyster River Middle School	3:15PM
Wednesday	Oct. 03	@ Cross Country Meet	Portsmouth Christian Academy	4:00PM
Thursday	Oct. 04	<i>Cross Country practice (Practice)</i>	Oyster River Middle School	3:15PM
Wednesday	Oct. 10	@ League Championship Meet	Sagamore Country Club	4:00PM
Thursday	Oct. 11	<i>Cross Country practice (Practice)</i>	Oyster River Middle School	3:15PM
Monday	Oct. 15	<i>Cross Country practice/pick-up at DHF 4:45 (Practice)</i>	Demerit Hill Farm	3:15PM
Wednesday	Oct. 17	5th grade Championship meet	Demerit Hill Farm	4:00PM
Thursday	Oct. 18	<i>Cross Country practice (Practice)</i>	Oyster River Middle School	3:15PM
Saturday	Oct. 20	@ Middle School State Championship Meet	Londonderry High School	10:00AM